

VA Portland Health Care System Women’s Health Fair “Day of the Woman Veteran”

PORTLAND, Oregon – The community and media are invited to join VA Portland Health Care System for a free Women Veterans Health Fair to celebrate women Veterans, learn about women’s health topics, and meet staff in our women’s health program. Light refreshments provided.

The Women Veterans Health Fair will be held on Monday, March 11, 2019 from 9:00 a.m. to 7:00 p.m., in the Portland VA Medical Center auditorium at 3710 SW US Veterans Hospital Rd, Portland, OR, 97239. The theme for the Women’s Health Fair is “Day of the Woman Veteran.” Throughout the day there will be information tables as well as speakers and demonstrations in the auditorium. Here’s a look at the schedule of events:

9:00 – 9:30 a.m. Welcome
9:30 – 10:00 a.m. Overview of Women’s Health Program
10:00 – 10:30 a.m. Tai Chi
10:30 a.m. – 12:00 p.m. Women’s Health Program Panel
12:00 – 1:00 p.m. “Brown bag” Video Shorts
1:00 – 1:30 p.m. Qigong
1:30 – 2:00 p.m. Preparing for an Outpatient Appointment
2:00 – 2:30 p.m. Preparing for an Inpatient Stay
2:30 – 3:00 p.m. Yoga
3:00 – 4:00 p.m. [Panel Discussion: “I am a Woman Veteran” – Each with a story to tell](#)
4:00 - 4:15 p.m. Closing Remarks
4:15 - 5:00 p.m. Video Shorts
5:00 – 7:00 p.m. Social Hour

All are welcome and invited. For more information please visit:

[Event information](#)
[Poster and schedule of events](#)
[Facebook event post](#)

Anyone who served in the military, or who is currently serving in the military, is encouraged to bring a copy of their DD-214 service discharge papers to meet with an enrollment representative on-site to find out if they are eligible for VA health care. The enrollment representative will be available from 9:00 a.m. to 3:30 p.m. in the main lobby.

Transportation/Parking: Parking is available in the visitor parking lot. Tri-Met is the bus system for Portland. Bus #8 often serves the medical center from the downtown transit mall. VA Portland Health Care System provides a free shuttle bus service to and from the Portland Medical Center and VA Vancouver Campus. A sky bridge connects the second floor of the VA hospital to the ninth floor of Oregon Health & Science University.

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VA Portland Health Care System (VAPORHCS) serves more than 95,000 Veterans in Oregon and Southwest Washington. VAPORHCS consists of the main tertiary care medical center located in Portland, Ore., the Vancouver Campus located in Vancouver, Wash., a Community Resource and Referral Center (CRRC) in Portland, as well as nine community outpatient clinics across Oregon that support our Veterans. These clinics are located in Bend, Fairview, Hillsboro, Warrenton, Newport, Salem, The Dalles, West Linn, and Lincoln City, Oregon.