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Photo: Lynn Smith and Team Lefty

Parkinson's Resources of Oregon hosts Parkinson's Walk

Beaverton, Ore., August 25, 2024 – Parkinson's Resources of Oregon (PRO) will host its annual Sole Support for Parkinson's walk September 29th at Alton Baker Park, marking the 20th year of fundraising and awareness for the local Parkinson's disease community.

The family friendly event brings people whose lives are impacted by a Parkinson's diagnosis together with a caring and supportive community for a walk along the riverfront spreading awareness about this neurodegenerative disease with no cure. Funds raised remain in the local community to help people living with the disease through exercise, education, and wellness programs offered at no charge.

Among the 300 or so expected participants will be Eugene resident, Lynn Smith, who is back fundraising with her team for her 3rd year. Ms. Smith was diagnosed in 2020 during the pandemic when it was difficult to connect with others with Parkinson's. Once she was able to safely get out and join the Eugene PD community she has never looked back.

"I'm grateful every day for the support from my friends, family, Parkinson's Resources and the Eugene PD community." said Smith. "It has been such a positive experience to participate with my supporters in a way that makes a difference for others."

Sunday, September 29, 2024

Alton Baker Park, Picnic Shelters 1 & 2

Onsite registration and check in opens at noon – Walk begins at 1:30pm

~1k and ~5k routes are walker and wheelchair friendly

Registration is free – fundraising is encouraged.

To register, find out more, or donate, go to: **www.solesupport.org** or call 800.426.6806

About Parkinson's Resources:

Parkinson's Resources of Oregon (PRO) is a donor supported non-profit with the sole mission of advancing the quality of life for people with Parkinson's, their families and caregivers. With three office locations (Bend, Eugene, Beaverton), PRO provides direct care and support of thousands of families in Oregon and SW Washington. Working to address issues faced by Parkinson's patients and their families, we can significantly improve the quality of life for all touched by this disease.

To find out more about PRO's services or to support our programs, go to:
www.parkinsonsresources.org or call **800.426.6806**