

# News Release



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## Increased food benefits approved for October updated disbursement dates

The Oregon Department of Human Services has received approval from Food and Nutrition Services to disburse increased food benefits in October.

This additional \$30 million for eligible Supplemental Nutrition Assistance Program (SNAP) recipients will bring the total increased benefits to \$180 million.

SNAP households will automatically receive the additional allotment in the same way they receive their current benefits. For most customers this is an Oregon EBT card. The additional benefit amount will be disbursed on the schedule below to all eligible SNAP households. Some recipients may not see it until the following day.

Oregonians already enrolled in SNAP do not need to take any additional action.

Month	Day	Description of household receiving emergency allotment
October	13	Current SNAP households not receiving the SNAP maximum allotment
	30	New SNAP customers who did not receive the October 13 allotment and are not receiving the maximum benefit

The increase brings all households to the maximum SNAP benefit. Households that already receive the maximum benefit will not receive any additional benefits.

This allotment will not permanently change a household's monthly benefit amount. It is a temporary supplement to help during the current health crisis. The Oregon Department of Human Services will not be sending individual notices to households about the emergency allotments.

## Questions?

To determine the maximum allotment for your household and view the FAQ, visit <https://www.oregon.gov/dhs/assistance/food-benefits/pages/about-snap.aspx>.

SNAP customers can contact their local SSP, APD or AAA office for more information. Find a local office at: [oregon.gov/DHS/Offices/Pages/index.aspx](https://www.oregon.gov/DHS/Offices/Pages/index.aspx)

*Administered by ODHS, SNAP is a federal program that provides food assistance to approximately 1 million eligible, low-income families and individuals in Oregon, including many older adults and people with disabilities. Oregonians in need can apply for benefits, including SNAP, child care, cash assistance and Medicaid. Learn more at <https://govstatus.egov.com/or-dhs-benefits>. For local resources in your area, such as food or shelter, please call 2-1-1 or reach out to the state's Aging and Disability Resource Connection (ADRC) at 1-855-ORE-ADRC or 1-855-673-2372.*

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